What can families do?

- Create a morning routine and a regular bed time so the child gets plenty of rest.
- Lay out clothes and backpack the night before.
- Have a back up plan for getting to school if something happens. Contact a family member, a neighbor or another parent to help get your child to school.
- Plan dental appointments, doctor appointments and vacations outside of school hours, whenever possible.
- If your child does not want to go to school, speaking to your child to find out what the issue is and then talking to the teachers, family service coordinators, or even other parents may be a way to come up with a solution that makes your child feel comfortable and ready to learn.

Did you know?

- School success goes hand in hand with good attendance.
- Students can still fall behind if they just miss a day or two, every few weeks.
- Starting in kindergarten, children that are chronically absent are more likely to have lower reading scores.
- Missing school can make it harder to learn to read and it breaks the learning cycle.